



HOUSE CALLS

ABOUT THE PROGRAM

With the Covid-19 Pandemic still ongoing, we have introduced House Calls to the list of training options that we offer. Sessions include Warm Up, Dribbling, Passing and Movement Drills & Fitness Training all within your personal residence.

The program will be broken down into two groups:

- a. 1:1 Training
- b. Private Group Training

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	12:00pm – 4:00pm (Hourly Slots)

1:1 HOUSE CALL CHARGES

KES 3,000/- Per Session

PRIVATE GROUP HOUSE CALL CHARGES

NO. OF CHILDREN PER GROUP		4 Sessions Per Month (KES)	8 Sessions Per Month (KES)	12 Sessions Per Month (KES)	16 Sessions Per Month (KES)
2	@ KES 2,750 Per Child	22,000/-	44,000/-	66,000/-	88,000/-
3	@ KES 2,500 Per Child	30,000/-	60,000/-	90,000/-	120,000/-
4	@ KES 2,250 Per Child	36,000/-	72,000/-	108,000/-	144,000/-
5	@ KES 2,000 Per Child	40,000/-	80,000/-	120,000/-	160,000/-
For groups of 5 or more, will be charged at KES 2,000/- per child					

NOTE: All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy



ONE – ON – ONE TRAINING

ABOUT THE PROGRAM

Our one-on-one sessions are a great way for players (boys & girls) to improve on the technical, physical and mental aspects of their game. These sessions are of a very high standard and are tailored to the learning style and personality of each individual. The program includes:

- Video Analysis
- Monthly Structured Program
- Monthly Training Assessments and Progress Reports

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	11:30am – 4:30pm (Hourly Slots)
SUNDAY	9:00am – 1:00pm (Hourly Slots)

CHARGES

Walk-In / One Off Sessions – KES 2,500/- Per Session

4 Sessions Per Month – KES 8,000/- (KES 2,000/- Per Session)

8 Sessions Per Month – KES 15,200/- (KES 1,900/- Per Session)

12 Sessions Per Month – KES 21,600/- (KES 1,800/- Per Session)

16 Sessions Per Month – KES 28,000/- (KES 1,750/- Per Session)

***NOTE:** All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy*

PRIVATE GROUP TRAINING

ABOUT THE PROGRAM

Similar to our One-on-One Training Program, these sessions are a great way for players (boys & girls) to improve on the technical, physical and mental aspects of their game. Parents / Guardians now have the option to book a slot for children in groups of two or more so that they are able to train together in a more competitive and engaging environment.

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	11:00am – 4:00pm (Hourly Slots)
SUNDAY	9:00am – 1:00pm (Hourly Slots)

CHARGES

NO. OF CHILDREN PER GROUP		4 Sessions Per Month (KES)	8 Sessions Per Month (KES)	12 Sessions Per Month (KES)	16 Sessions Per Month (KES)
2	@ KES 1,750 Per Child	14,000/-	28,000/-	42,000/-	56,000/-
3	@ KES 1,500 Per Child	18,000/-	36,000/-	54,000/-	72,000/-
4	@ KES 1,250 Per Child	20,000/-	40,000/-	60,000/-	80,000/-
For groups of 5 or more, will be charged at KES 1,000/- per child					

NOTE: All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy

GROUP TRAINING

ABOUT THE PROGRAM

The Group Training Program is broken down into two segments; Elite & Juniors. The Elite Program enables the players to focus on more complex aspects of the game and will expose them to a more competitive and challenging environment. The Junior Program is for budding youngsters who will be taken through the developmental aspects of the game with the intention of progressing towards the Elite Program.

PACKAGES

ELITE	JUNIOR
Benefits Include: <ol style="list-style-type: none"> 1. High Quality Training 2. Tactical & Technical Development 3. S&C Sessions 4. Pitch Side Physiotherapy 5. Sports Medicine Seminars 	Benefits Include: <ol style="list-style-type: none"> 1. High Quality Training 2. Tactical & Technical Development 3. S&C Sessions

TIME SLOTS

DAYS	ELITE	JUNIOR
TUESDAY	4:30 pm - 6:00 pm	N/A
WEDNESDAY	N/A	4:30 pm - 6:00 pm
THURSDAY	4:30 pm - 6:00 pm	N/A
SATURDAY	10:45 am - 12:15 pm	9:00 am - 10:30 am
SUNDAY	10:45 am - 12:15 pm	9:00 am - 10:30 am

CHARGES (Per Week)

SESSIONS	ELITE	JUNIOR
1 Per Week	KES 1,000/-	KES 750/-
2 Per Week	KES 2,000/-	KES 1,500/-
3 Per Week	KES 3,000/-	KES 2,250/-
4 Per Week	KES 3,000/-	N/A

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