



HOUSE CALLS

ABOUT THE PROGRAM

With the Covid-19 Pandemic still ongoing, we have introduced House Calls to the list of training options that we offer. Sessions include Warm Up, Fielding, Batting and Bowling Drills & Fitness Training all within your personal residence. (*A garden & nets would be ideal in order to have an optimum session)

The program will be broken down into two groups:

- a. 1:1 Training
- b. Private Group Training

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	12:00pm – 4:00pm (Hourly Slots)

1:1 HOUSE CALL CHARGES

KES 3,000/- Per Session

PRIVATE GROUP HOUSE CALL CHARGES

NO. OF CHILDREN PER GROUP		4 Sessions Per Month (KES)	8 Sessions Per Month (KES)	12 Sessions Per Month (KES)	16 Sessions Per Month (KES)
2	@ KES 2,750 Per Child	22,000/-	44,000/-	66,000/-	88,000/-
3	@ KES 2,500 Per Child	30,000/-	60,000/-	90,000/-	120,000/-
4	@ KES 2,250 Per Child	36,000/-	72,000/-	108,000/-	144,000/-
5	@ KES 2,000 Per Child	40,000/-	80,000/-	120,000/-	160,000/-
For groups of 5 or more, will be charged at KES 2,000/- per child					

NOTE: All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy

ONE – ON – ONE TRAINING

ABOUT THE PROGRAM

Our one-on-one sessions are a great way for players (boys & girls) to improve on the technical, physical and mental aspects of their game. These sessions are of a very high standard and are tailored to the learning style and personality of each individual. The program includes:

- Video Analysis
- Bowling Machine Technical Training
- Monthly Structured Program
- Monthly Training Assessments and Progress Reports

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	11:30am – 4:30pm (Hourly Slots)
SUNDAY	9:00am – 1:00pm (Hourly Slots)

CHARGES

Walk-In / One Off Sessions – KES 2,500/- Per Session

4 Sessions Per Month – KES 8,000/- (KES 2,000/- Per Session)

8 Sessions Per Month – KES 15,200/- (KES 1,900/- Per Session)

12 Sessions Per Month – KES 21,600/- (KES 1,800/- Per Session)

16 Sessions Per Month – KES 28,000/- (KES 1,750/- Per Session)

***NOTE:** All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy*

PRIVATE GROUP TRAINING

ABOUT THE PROGRAM

Similar to our One-on-One Training Program, these sessions are a great way for players (boys & girls) to improve on the technical, physical and mental aspects of their game. Parents / Guardians now have the option to book a slot for children in groups of two or more so that they are able to train together in a more competitive and engaging environment.

TIME SLOTS (*Subject To Availability)

MONDAY	8:00am – 6:00pm (Hourly Slots)
TUESDAY	8:00am – 6:00pm (Hourly Slots)
WEDNESDAY	8:00am – 6:00pm (Hourly Slots)
THURSDAY	8:00am – 6:00pm (Hourly Slots)
FRIDAY	8:00am – 6:00pm (Hourly Slots)
SATURDAY	11:00am – 4:00pm (Hourly Slots)
SUNDAY	9:00am – 1:00pm (Hourly Slots)

CHARGES

NO. OF CHILDREN PER GROUP		4 Sessions Per Month (KES)	8 Sessions Per Month (KES)	12 Sessions Per Month (KES)	16 Sessions Per Month (KES)
2	@ KES 1,750 Per Child	14,000/-	28,000/-	42,000/-	56,000/-
3	@ KES 1,500 Per Child	18,000/-	36,000/-	54,000/-	72,000/-
4	@ KES 1,250 Per Child	20,000/-	40,000/-	60,000/-	80,000/-
For groups of 5 or more, will be charged at KES 1,000/- per child					

NOTE: All payments to be made in advance to secure your slot / in regards to cancellation/postponement of sessions, kindly refer to the Cancellation Policy

ELITE GROUP TRAINING

ABOUT THE PROGRAM

The Elite Training Program enables the players to focus on more complex aspects of the game and will expose them to a more competitive and challenging cricketing environment.

PACKAGES

ELITE GOLD (Thrice A Week)	ELITE SILVER (Twice A Week)
<p>Benefits Include:</p> <ol style="list-style-type: none"> 1. High Quality Training 2. Tactical & Technical Development 3. Video Analysis (Per Player) 4. S&C Sessions 5. Pitch Side Physiotherapy 6. Sports Medicine Seminars 	<p>Benefits Include:</p> <ol style="list-style-type: none"> 1. High Quality Training 2. Tactical & Technical Development 3. S&C Sessions 4. Pitch Side Physiotherapy

TIME SLOTS

DAYS	ELITE GOLD	ELITE SILVER
WEDNESDAY	4:00 pm – 6:00 pm	-
SATURDAY	11:30 am – 1:30 pm	11:30 am – 1:30 pm
SUNDAY	9:00 am – 11:00 am	9:00 am – 11:00 am

CHARGES

PROGRAM DURATION	ELITE GOLD	ELITE SILVER
4 Week Month	KES 12,000/-	KES 8,000/-
5 Week Month	KES 15,000/-	KES 10,000/-

NOTE: The Elite Training Program is non-refundable & sessions cannot be carried forward to the next program



GROUP TRAINING

ABOUT THE PROGRAM

Group training sessions will continue to run during the term (Albeit in a limited capacity). Sessions include warm up, fielding, batting and bowling drills & fitness training We have made a few changes, as mentioned below:

Players will be put in groups according to age and experience:

Group 1: Ages 4 to 8

Group 2: Ages 9 to 11

Group 3: Ages 12 to 14

Group 4: Ages 15 to 17

TIME SLOTS

MONDAY	N/A
TUESDAY	N/A
WEDNESDAY	N/A
THURSDAY	N/A
FRIDAY	N/A
SATURDAY	9:00 am – 11:00 am
SUNDAY	N/A

CHARGES

KES 750/- per session

(Payment will be taken in **advance** for a minimum of 4 sessions; KES 3,000/-)

***NOTE: In the event of a missed session, the fee for that session shall be carried forward to another date ***



HOLIDAY CAMPS

ABOUT THE PROGRAM

During school holidays, we run camps for the players in order to enable them to have more training time. Holiday Camp Programs run as below:

DAYS: Monday to Saturday

TIME: 9:00am to 11:00 am

FEES: KES 750/- per session or KES 3,500/- for the week (Monday to Saturday)

Players will be put in groups according to age and experience:

Group 1: Ages 4 to 8

Group 2: Ages 9 to 11

Group 3: Ages 12 to 14

Group 4: Ages 15 to 17

***NOTE: In the event of a missed session, the fee for that session shall be carried forward to another date unless payment has been made for the week, in which case sessions are non refundable ***